



Arlington Council on Aging

Agenda

Date: Thursday March 17, 2022 Time: 6:00 pm

Location: This meeting will be conducted virtually via Zoom, following the rules set forth by the Governor's Executive Order on Remote Participation. These meetings are open to the public and all are welcome. Please call 781-316-3401 or e-mail KShah@town.arlington.ma.us for the link to join the virtual meeting which can be accessed by computer with internet access or by telephone for audio access only.

Kristine Shah, Executive Director

Michael Quinn, Chair

Sheila Connerney, Secretary

The Council's primary responsibilities are to design, promote, and implement programs and services to address the needs of the community's elder population, and to coordinate existing services in the community.

1. Call to order – welcome Nancy Feeney and Mahendra Desai
2. Citizen's Open Forum
3. Minutes of the February 2022 meeting for approval
4. Executive Director's Report
5. Age/Dementia Friendly
 - a. Chat Bench
 - b. Finalize Action Plan, present to Select Board
6. Report of the Chair
 - a. Future Board Meetings- location
7. Police Civilian Advisory Committee, Warrant Article 15 Update- Anne Brown
8. Minuteman Senior Services Report
9. ASA Liaison Report
10. Old Business
11. New Business
12. Other Community Announcements
13. Adjourn - **Next meeting: April 21, 2022**

Executive Director's Report

Kristine Shah

I. Center Renovation

- a. COA and DPCD Board Members were invited to tour the nearly completed Community Center on March 15.
- b. "Welcome Back Luncheon" scheduled for April 28, a joint effort with ASA. Full in-person program offerings are being offered in the new spaces starting next week on a rolling basis through April.
- c. Ribbon cutting event to be scheduled once exterior entrances are complete and donor acknowledgement wall/plaques are installed.
- d. New donations received for Game Room sponsorship and Yoga Room Supplies.
- e. In person programs in new spaces scheduled beginning in March/April include: Art Therapy, Decluttering Support, Chair Yoga, LGBTQIA+, Coffee Hour, Current Events, Tai Chi, Sing, Monthly Movie, Intergenerational Tea Talk, Caregivers Support, SHINE Counseling, Low Vision Support, Blood Pressure Clinic, Parkinsons Support, Exercise, Muscle Strengthening, Yarn & Yarn, Intergenerational Book Club, Mahjongg, and Digital Thing. Most of these programs will be offered in a hybrid format.
- f. In May the following programs will be added to in person offerings in the center: ASA Book Club, Shakespeare, Congregate Dining, Bridge, Cribbage, Pool Room Activities, and bingo.

II. COA Services and Program Update

- a. Programs outside of the Community Center include our Podiatry Clinic, Market Basket Trips, Blood Pressure clinics in senior housing, Walking Club at the Res, and Clay Dreams trips.
- b. AARP volunteers continue to conduct in person and remote tax appointments on Fridays, through April 15.
- c. Elderly & Disabled Tax Relief Applications have been received and the committee is meeting on March 31 to make decisions. Committee members include Jim Munsey, Rick Fentin, Nancy Feeney, Treasurer and Assessor.
- d. New COA Van order being processed; arriving this summer.

III. Fire at Chestnut Manor

- a. As of March 11, all displaced residents have moved in to their new apartments, within AHA buildings. The COA continues to manage ordering replacement and necessary items for these residents from the Chestnut Manor fund.

IV. The following grant applications have been submitted:

- a. \$15,000 Transportation Grant from Lahey- APPROVED
- b. \$10,000 Hot Spot grant from Mount Auburn- PENDING
- c. \$20,000 Adult Day Health Scholarships Grant from CDBG- PENDING
- d. \$31,540 Transportation Program Grant from CDBG- PENDING
- e. \$52,922 Volunteer Coordinator Grant from CDBG- PENDING